



## 8 Serene Restorative Resorts Around the World

By **Vanessa Gordon** – January 5, 2021



Credit: Le Barthelemy Hotel & Spa

Still dreaming of that island escape? Now that the New Year year has arrived, it is time to plan that much-needed tropical getaway. Jet off to one of these idyllic

wellness resorts from Bali to St. Barths for that much-needed nourishing treatment for the mind, body, and soul.

[...]

## Le Barthelemy Hotel & Spa

St. Barths



Le Spa lobby. Credit: Le Barthelemy Hotel & Spa

**Le Barthelemy Hotel & Spa** is tucked away on the quiet bay of Grand Cul-de-Sac in St. Barths. The boutique 46-room property has an elegantly appointed open-air design, oceanfront dining venues, and a holistic spa oasis **in partnership with La Mer.**

Sun-seeking travelers can unwind in Le Barthelemy's [private spa oasis](#), Le Spa.

The spa is equipped with a eucalyptus-Hamman, wood-lined sauna, and hydrotherapy pools with the option to reserve the entire facility to themselves.

Or, guests may opt for a private treatment in the comfort of their own suite.

There's no shortage of decadent cuisine at Le Barthelemy, with its Aux Amis restaurant. Guests can dine with their feet in the sand and dive into a variety of island-inspired, healthy options. Local fishermen bring fresh seafood to the hotel daily.